

## DEPARTMENT OF THE ARMY UNIT LETTERHEAD

UNIT SYMBOL (600-9)

10 November 2003

MEMORANDUM FOR RECORD

SUBJECT: Height and Weight Statement.

1. I, the undersigned, certify that the below listed individual has been weighed and taped (if required) IAW AR 600-9:

RANK/NAME: SGT DOE, John A.

SSN: 123-45-6789

AGE: 31

Date Weighed / Taped: 01 August 2003

Actual Weight: 182 lbs.

Height: 70"

Table Weight: 189 lbs.
Actual Body Fat %: N/A
Authorized Body Fat %: N/A

2. DA Form 5501-R/5500-R is not required, soldier is in compliance with table with IAW AR 600-9.

FOR THE COMMANDER:

JACK P. SOLDIER 1LT, EN, LAARNG Adjutant